

# GILSON

## BREAKFAST

TOAST OR FRUIT TOAST bread from lievito bakery w. a choice of spreads	8.0
FRUTTA seasonal fruit salad w. greek yoghurt	13.0
MUESLI red hill natural muesli w. poached fruit & greek yoghurt	15.0
BIRCHER MUESLI overnight soaked oats w. berries & yoghurt	15.0
PANCAKES buttermilk pancakes w. blueberries, organic maple syrup & vanilla ice-cream	20.0
EGG & BACON PANINO Served with tomato, bbq sauce and provolone	16.0
BREAKFAST SALAD grains, broccoli, avocado, poached egg	19.0
AVOCADO BRUSCHETTA avocado on sourdough w. fetta, basil add bacon or salmon	22.0 6/7
OMELETTE three eggs, taleggio, herbs & toast	20.0
EGGS BENEDICT poached eggs, tarragon hollandaise, free range ham on muffin	22.0
EGGS CHILLI scrambled eggs, bacon, pecorino, parsley & toast	24.0
EGGS PESTO scrambled eggs, basil pesto, ricotta, herbs and toast	21.0
FREE RANGE EGGS ON TOAST	12.9

## SIDES

gluten free toast	1.5
extra egg, tarragon hollandaise	2.0
mushrooms, balsamic tomatoes, spinach	4.0
hash browns, meredith goats cheese	5.0
avocado, bacon	6.0
smoked salmon	7.0

## TOASTIES

001 free range ham, cheddar, mustard pickle	12.0
002 house-made baked beans, mozzarella	14.0
003 meatballs, provolone	14.0



## COLD DRINKS

FRESH JUICES orange, apple, carrot, celery, lemon, ginger (+50c)	8.8
GREEN SMOOTHIE spinach, kale, banana, honey, coconut water	9.9
BANANA SMOOTHIE peanut butter, cacao nibs, honey, oat milk	9.9
BERRY SMOOTHIE blueberries, banana, maca powder, almond milk	9.9

## MORNING COCKTAILS

BLOODY MARY vodka, tomato, worcestershire, tabasco	12
MIMOSA prosecco, orange juice	11
BELLINI prosecco, peach	11
GARIBALDI campari, orange juice	11

ALL CREDIT CARDS INCUR A 1% SURCHARGE. PLEASE LET YOUR WAIT STAFF KNOW OF ANY ALLERGIES SO THAT WE CAN ACCOMMODATE. PLEASE BE AWARE OUR KITCHEN CONTAINS NUTS, SHELLFISH AND GLUTEN AND ALTHOUGH WE TAKE EVERY PRECAUTION, WE CANNOT GUARANTEE OUR FOOD WILL BE ALLERGEN FREE. PLEASE NOTE THAT WE HAVE A SERVICE CHARGE OF 10% ON WEEKENDS AND 15% ON PUBLIC HOLIDAYS.